

Student Guide for CO-OP ABROAD



**THOMPSON
RIVERS
UNIVERSITY**

WHAT IS CO-OP ABROAD

The Co-op Abroad program aims to provide current students with an enriching global educational experience. By prioritizing accessibility, choice, flexibility, and personalized support, Co-op Abroad opens doors to international opportunities for participating students in the Cooperative Education program.

Elevate your academic journey by working internationally and gaining real life experience.

BENEFITS OF CO-OP ABROAD

Showcase international experience on your resume.

This will help enhance your professional profile, demonstrating cultural competency, adaptability, and a global perspective to potential employers.

Cultural Immersion

Working abroad provides an immersive experience in a different culture, allowing individuals to learn firsthand about customs, traditions, and lifestyles different from their own

Professional Growth

Working in a different country may result in unique challenges and opportunities that contribute to personal and professional growth.

Networking

Students can expand their professional network on a global scale, creating opportunities for future collaborations, career advancement, and access to diverse perspectives and ideas.

Language Proficiency

Living and working in a foreign country provides an immersive environment for language learning and improvement.

Lifestyle and Travel

The opportunity of living in a new country provides the ability to travel and explore, allowing individuals to experience diverse landscapes, cuisines, and cultural attractions while creating lasting memories and enriching their lives.

How do I start Co-op Abroad?

Before doing a co-op abroad, students must:

- Be an existing co-op student
- Completed CO-OP 1000: Career Management
- Apply for one of the selected programs
- Plan to return to TRU to complete your studies
- Have the support of their Program Advisor and Co-op Coordinator

Notes:

- Domestic and International students are eligible
 - For international students, consult with an ISA when applying to international postings. You must be able to secure a work permit for that country
- Co-op Abroad is not available for Open Learning Students yet.
- Transportation and Accommodation may or may NOT be provided by the company. Be aware of your responsibilities.

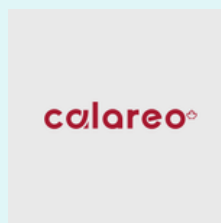
Programs

Co-op Abroad has three new opportunities for existing co-op students to complete a work term internationally!



IAESTE Canada

Students gain valuable work and cultural experience abroad in Europe



Calareo

To encourage, facilitate, and support student mobility between Canada and Latin America.



Co-op Japan

Students who can enrich Japanese companies with unique expertise and new perspectives.



Application Deadlines

Application deadlines are subject to change every year and programs will have their own job listings. Please check the program websites to see what job opportunities are available.

- <https://www.iaeste.ca/internships>
- <https://calareo.ca/>
- <https://thecoopjapanprogram.com/>

For specific job applications, contact your Co-op Coordinator for more details.

**SUMMER 2024
OPPORTUNITIES
AVAILABLE NOW**



NEXT STEPS

- Make an appointment with a Co-op Coordinator
- Attend a Co-op Abroad Information session

CONNECT WITH US

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